

Cast Iron Plant (*Aspidistra elatior*)

The cast iron plant, also known as iron plant and ballroom plant, is an extremely hardy houseplant. It can also be used outside and will grow to about 2-3 feet tall.



Plant Care: People who do not have a lot of time for plant care really like cast iron plants. This easy-to-care-for plant can survive even the most extreme conditions where other plants would shrivel and die. It likes part to full shade. Leaves benefit from occasional washing.

Watering: Although the cast iron plant will tolerate extreme conditions, it is always a good idea to provide plenty of water, especially during very dry periods. Water these plants when the top inch or two of soil has dried out. Too much water is the problem here, as with so many other plants. If the roots are sitting in soggy soil, they are susceptible to root rot.

References:

<http://www.missouribotanicalgarden.org>

<https://www.gardeningknowhow.com>

<https://www.epicgardening.com/cast-iron-plant/>